



The project

GOAL

The aim of the **ShapeMS** project is to create a learning platform that covers all work-related aspects concerning people with Multiple Sclerosis (MS), as well as employers, thus, inclusively targeting the issue.

RESULTS

- **Informational Toolkit:** to educate modern organisation directors and staff on understanding the needs of people with MS in the workplace and available funding resources.
- **Learning Platform:** to train target groups soft, hard and entrepreneurship skills through over 10 modules, interactive material and workshops.
- **Mentorship Programme:** people with MS can be trained to become mentors to their peers. Platform available to share experiences and support each other.
- **Educational Guide:** a user-friendly educational guide “How to explain MS to your employer and colleagues” to raise awareness on multiple sclerosis.
- **Video Gallery:** informative videos to raise general awareness on MS, and learn about employability opportunities and rights.

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Duration and Partnership

The project started 1st of December 2022 and it will end 31st of May 2025.

It brings together 6 partner organisations from 5 European countries:

IEEN
Cyprus (coordinator)



CAMINOS
Spain



KI-I
Austria



CDPZ
Italy



ÜAÖSD
Turkey



EUROSC
Cyprus



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What we have done

DESK RESEARCH

As a first step of the project, we conducted a desk research with the aim to understand the general situation of Multiple Sclerosis in the participating countries: to know the legal framework; the available services and support at national, regional and local level; and to learn more about the working environment for people with MS.

FIELD RESEARCH

We then conducted a field research through a questionnaire to which volunteer-participants from all partner countries responded. Specifically, the questionnaire was completed by people with MS, carers of people with MS and also employers. In this way, we were able to learn first-hand about the problems and needs of the project's target groups.

PLATFORM PROTOTYPE

Through interviews with employers and people with Multiple Sclerosis, we carried out an evaluation phase of the online platform that will host the information and tools developed throughout the project. The aim of this task is to try to adapt the platform as much as possible to the needs of the project's target groups.

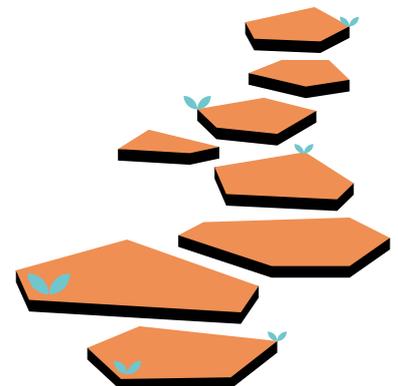
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MULTIPLIER EVENTS IN SPAIN

On 6 and 15 July 2023, **Asociación Caminos** had the pleasure to present our project in the multiplier events held in AGDEM (Granada Multiple Sclerosis Association) and the municipal facilities of Cañete la Real (Málaga), in Spain.

The main goal of the events was to raise awareness on the challenges people with MS have in their daily lives and especially remaining in the workforce.

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ACCESS FOR ALL FESTIVAL

IEEN team participated in the second *Access for All Festival* at the Old Port Square in Limassol (Cyprus) on September 16th and 17th, where they were able to present our project.

The festival provided a crucial platform for promoting equality and inclusivity, with a special emphasis on people with disabilities.

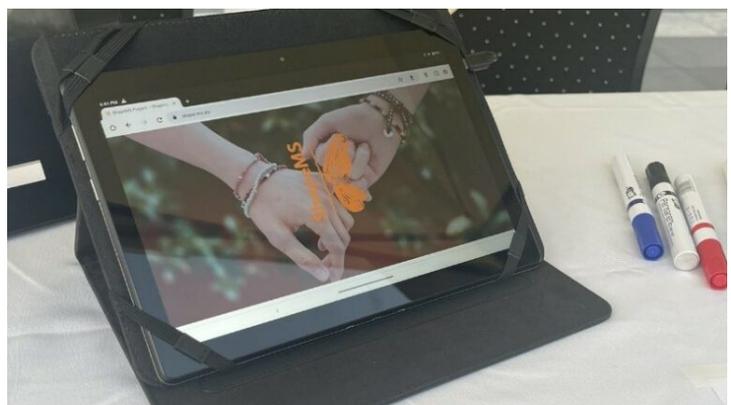
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More information

Keep updated with our upcoming events and developments by visiting the project website and following our social networks!

